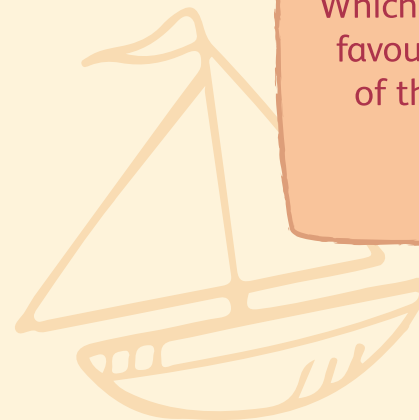
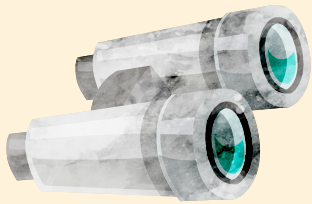
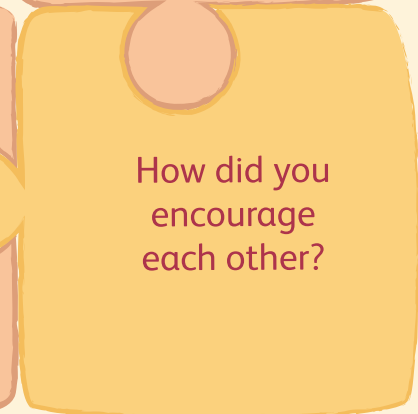
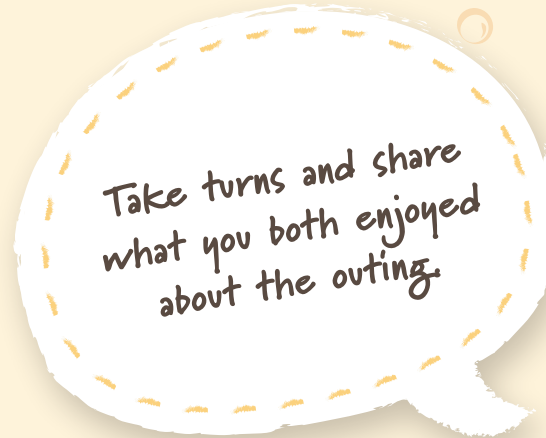


# New Experience for Us!



Pick an activity or experience that is new for both you and your little one. New experiences are much less scary (and more fun!) when your little one knows they have someone they can trust.



Inspire and share your belief in growing up together naturally with fellow mums!  
Share your journey on **Facebook** or **Instagram** with the hashtags **#inspiredbyfrisogold** **#newthingswithmum** **#mumsgrowtoo**